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INTRODUCTION

Sports Oxy-shot is an International breakthrough for the Sporting arena, personal trainers, gyms and other extreme sports enthusiasts have a window of opportunity to be a step ahead of the rest of the world.

For many years, experts have tried to find a safe, simple, economical way to administer additional oxygen to high performance athletes and general sports people. International sporting clubs and associations like English football teams and professional American athletic teams NHL, NFL and the NBA know the vast benefits of giving extra Oxygen to their elite athletes.

Sports Oxy-shot contains massive amounts of bio-available oxygen for use as a supplement in all types of sporting activities. Just as important, it brings the benefits of oxygen at a very affordable price and is readily accessible to every one. With Sports Oxy-shot, you can treat your body to plenty of oxygen... without going into debt!

Sports Oxy-shot is a nutritional supplement that has been derived from NASA technology and is the result of several years of research and development. It is 100% natural, manufactured without the use of dangerous chemical compounds. It contains only de-ionised water, Atlantic sea salt and at least 150,000 parts per million (15%) diatomic oxygen.

Imagine the difference to a person's wellbeing and fitness when Sports Oxy-shot is used in training to supplement oxygen deficiencies! Discover the edge that Sports Oxy-shot offers.

Sports Oxy-shot is an exciting new resource for all people in their quest to perform at their peak. Comprehensively tested in Australian and US laboratories and universities, Sports Oxy-shot has been analysed by an IOC accredited laboratory, confirmed to contain no banned substances, and been accepted onto the ASDA/AIS/AGAL Supplement database. Sports Oxy-Shot is all natural and can be used with confidence. "It's a winner".



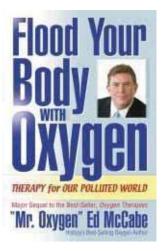


It's all about Oxygen

2004 Athens Olympics the world's best athletes are talking about the dangers of "Oxygen Debt" [Physiological state produced by vigorous exercise, in which the lungs cannot supply all the oxygen that the muscles need]. Sports Oxy-Shot delivers massive amounts of bio-available oxygen in a safe stable liquid form. The red blood cells carry the oxygen straight to the muscles to help reduce the Oxygen debt condition.

Sports Oxy-Shot provides elite athletes with the convenience of bioabsorbable oxygen taken 30 minutes before training providing optimum benefit when the body needs it most. Having massive amounts of oxygen available to the body its delivery is long lasting for those who wish to train at their peak for longer periods.

"The evidence is overwhelming. Oxygen plays a powerful role in our health and well-being. The more oxygen we have in our system, the more energy we produce. Understanding this is more important today than ever before, because of a general deficiency of oxygen intake. Simply put, the best way to optimize health is to be sure that we oxygenate every cell of our body."



Dr. Norman McVea





Oxygen Deficiency

Stress in the body can lead to a lack of oxygen. Four major types of stress deplete oxygen.

Toxic stress – This comes from our polluted environment. We need extra oxygen to detoxify our bodies on a regular basis.

Emotional stress – The flight or fight response that everyone is familiar with which causes the production of adrenaline and adrenal related hormones, which uses up our oxygen supply.

Physical Stress – Reduces circulation and the subsequent oxygen supply to a great many cells and tissues throughout the body.

Infections – Use up "free radical" forms of oxygen to combat bacteria, fungi, and viruses. Frequent use of drugs counteract infections also depletes cellular oxygen since oxygen is required to metabolise them out of the system. Research has convincingly shown that there is a significant difference in the amount of oxygen in a strong healthy person than that of a weak chronically ill person.

The initial symptoms of oxygen deficiency can include:

- • Overall body weakness
- • Muscle aches
- · Depression
- · Dizziness
- Irritability
- • Fatigue
- · Memory loss
- · Circulation problems
- • Poor digestion
- • Acid stomach
- · Lowered immunity to cold, flu, and infection

Sports Oxy-Shot can help combat oxygen deficiency!



STABILISED OXYGEN: HOW IT ELEVATES THE BLOOD OXYGEN LEVEL

Such factors as air and water pollution, stress, highly processed foods, antibiotics and anaesthetics can make the body oxygen deficient by causing a build up of carbon monoxide (CO). Oxygen normally passing through the lungs is received by the haemoglobin in the blood and carried to its destination in the body. After delivering the oxygen(O2) the haemoglobin picks up the spent oxygen then travels back to the lungs and is exhaled. However, carbon monoxide has a 200 times greater affinity to the haemoglobin than oxygen and will attach itself first, blocking out the oxygen molecule.

Once attached, the CO remains attached to the heamoglobin until it encounters a single oxygen atom which, by attaching itself to the CO, turns into carbon dioxide (CO2) to be released by the lungs.

After consuming stabilised oxygen, however, the oxygen passes through the membranes into the blood. There an enzyme called catalase splits the oxygen molecule into single atoms (which are not free radicals). This single oxygen atom combines with the CO to produce CO2, which when exhaled enables the haemoglobin to take up oxygen from the lungs.

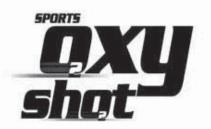
This action results in the elevated oxygen saturation found in the blood after taking stabilized oxygen.

To breathe more oxygen won't necessarily solve the problem because that oxygen cannot be taken up by the haemoglobin which is blocked by carbon monoxide. Australian Government Department of Industry, Tourism and Resources

Australian Sports Drug Testing Laboratory

Independent International Olympic Committee Accredited Laboratory

Confirmed that:



National Measurement Institute

Had no banned substances

Free from: *Anabolic Agents *Narcotics *Diuretics *Stimulants

•AGAL is an official Australian government laboratory that conducts testing on products at Olympic level to ensure products are acceptable for use by elite athletes.

Lab Code: NA04/03982





Australian Government

National Measurement Institute

REPORT OF ANALYSIS

Page: 1 of 1 Count No. 201498517

			PRODUCT NO. TRANSPORT
Client	OXYMAN P/L	Laboratory Batch	: ASDTL04/0960
	UNIT 117 30 - 40 HARCOURT PARADE ROSEBERY NSW 2018	Location	: SUPPLEMENT
1	NOSCIERT HOW 2013	Collection Ref.	s R
Attention	:		
Doping Contro	al Officer		

Full Screen test result/e

Laboratory Code	Sample	Date	Date	Category
		Collected	Received	
NA04/03982	OXY-SHOT	29-JUN-2004	29-JUN-2004	Non sporting sample

The sample of Oxy Shot - Super Strength Sports provided was directly analysed for the presence of prohormones relating to nandrolona and testosterone and for stimulants.

In addition a volunteer consumed 10 mL of the product and urine samples were collected. The urines were analysed for stimulants, narcotics, diuretics, anabolic agents, corticosteroids and the metabolite of cannabis using methods NIOC/1, NIOC/3, NIOC/4, NIOC/10 and NIOC/20 which are routinely used in this laboratory for the detection of banned drugs in sports drug testing.

No banned substances were detected.

Batch Best before = 12/05

Dr Bir Analyst

Dr R Kazleuskas Director ASDTL Australian Sports Drug Testing Laboratory

8-JUL-2004

Sample/s analysed as received. This Report shall not be reproduced except in full.

1 Suekin Street, Fymble NSW 2073 Tel: +61 2 9449 0111 Fex: +61 2 9449 1853 www.agel.gov.au

National Measurement Institute





Supplement Product Information Database

A supplement product listed on the Supplement Product Information Database demonstrates that the product has been tested at least once by an independent IOC accredited laboratory and is therefore less of a risk than a product which has undergone no independent testing. A written guarantee can be obtained from a manufacturer on the Supplement Product Information Database as per the contact details listed.

A manufacturer guaranteeing their product has a duty of care to ensure that an athlete does not record a positive test as a consequence of using their product.

Sports Oxy-Shot is listed on the ASDA database to provide guarantees that elite athletes can use Oxy-Shot with confidence.Martin RoschachSports Oxy-ShotBest Before 12/058/7		Free from: *Anabolic Agents *Narcotics *Diuretics *Stimulants
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SUGGESTED DOSAGE RATES FOR SPORTS PEOPLE

PRIOR TO TRAINING, EXERCISE, COMPETITION, OR ANY STRENUOUS ACTIVITY

We recommend:

 a 10ml shot (per 100kg of body weight) of Sports OXY-SHOT 30 minutes prior to activity

FOR GENERAL WELL-BEING

A 5ml shot of Sports OXY-SHOT [twice daily]

IMPORTANT

For best results, Sports OXY-SHOT is to be administered at least

- 30 minutes before eating or
- two hours after eating has been completed

Administer orally. Best taken neat sublingually. May be diluted with pure water or juice, then consumed promptly.





OxyShot - A Real Performance Enhancer?

Written by Rod Cedaro Published on 02 October 2009



A few months ago I saw an advertisement in TMSM for a product called 'Sports OxyShot'. I glimpsed over the ad and like most exercise physiologists, simply scoffed at the notion that somehow you could ingest and utilise oxygen. We all know that the only way you can get oxygen into the body is via the lungs – isn't it?

When a few weeks ago an exercise physiology colleague of mine from the United Kingdom was visiting – Professor Lars McNaughton. "Have you heard about OxyShot?" asked Lars. "Yeah what a croc of..." I replied. "Yeah, that's what I initially thought," responded Lars, "however we've been doing some preliminary research in the lab on the product and well, we're seeing performance changes."

I soon learned that another group of credible investigators, who like Lars have no vested interest in the product, had also found performance improvements while conducting preliminary research in Melbourne.

I was and am, intrigued.

So what is OxyShot?

It contains only de-ionised water, Atlantic sea salt and at least 150,000 parts per million (15 per cent v/v) diatomic oxygen at manufacture.

It has been analysed by an IOC Accredited Laboratory who have confirmed it contains no banned substances, and it has been accepted onto the ASDA/AIS/AGAL supplement databases. In short, it isn't a banned substance.

So what is the initial research showing?

Two groups of researchers, Lars and his colleagues out of Hull in the UK assembled eight male subjects with an average age of 31.2, VO2max of 61.1ml.kg.min and weighing 76.2 kilograms. After being placed in two separate groups these subjects were given either OxyShot in line with the manufacturer's recommendations or a placebo. They then rode on a cycling ergometre for 45 minutes at 70 per cent of their measured VO2max, followed by a five minute rest and then a 15 minute performance time trial.

The OxyShot group completed 8.4 kilometres (+/- 1.2km) while the placebo group completed 7.9 kilometres (+/-1.5km).

In a second test, Melbourne based physiologists Dr. Ian Gillam and Dr. Steve Selig completed a 'doubleblind, placebo controlled, cross-over designed' study. In other words, neither the subjects nor the researchers knew if they were getting the OxyShot or the placebo, they completed the trial and then the treatments were reversed.

The test group was a small sample of four triathletes competing over Olympic to Ironman distance events and logging 14-to-18 hours of training per week.

The triathletes were tested on an electromagnetic cycle ergometre set up in a similar manner to their own bikes using a progressive load to exhaustion while measuring various performance parameters like VO2max, lactic acid, heart rate, power output, etc.

The researchers concluded that while the sample size was extremely small, anaerobic threshold increased by between 2.2-to-7 per cent based on VO2 and Peak Power data. On an individual basis this could equate to a two-to-three minute per hour improvement in prolonged endurance events such as triathlon.

So while the jury is very much still out on the effects of OxyShot the initial research on the product certainly throws up some interesting possibilities and raises even more questions. If this product does indeed enhance performance what is the mechanism by which it achieves this? After all, the amount of additional oxygen it provides is so small it could hardly be via enhanced oxygen delivery to the working muscles. The researchers have started postulating this very question and have suggested there may be changes in the oxygen disassociation curve. In other words, the body's hemoglobin which carries the oxygen in the blood may be releasing the oxygen more freely at a tissue level making more oxygen available for metabolism and hence forcing the anaerobic threshold higher. Anecdotal feedback from the athletes involved suggests that when using the product they are able to hold two-to-three seconds per 100 metres in the pool faster than when they aren't using it.

While there is still much investigation to be conducted on the product it has certainly made a few in the sports science community sit up, take notice and question conventional thinking. With the product produced in Melbourne and distribution already in 22 countries around the world, the manufacturers are gung ho about the long term possibilities. After all, even if it is found to be a performance enhancer, and the IOC, WADA, etc. decide to ban it, how do you ban something that for all intents and purposes is water?

Food for thought.

The Motegi Enduro Nov. 1 2014 in Tochigi Japan





From Right to left : Principals of Oxyshot Japan Mr.Tomohaya Kamebuchi & Ms.Rikako Kamebuchi with the Oxyshot x PSI Team Hiromi Takasu, Masayuki Matsumaru and Justin Renard



Hiromi Matsumaru

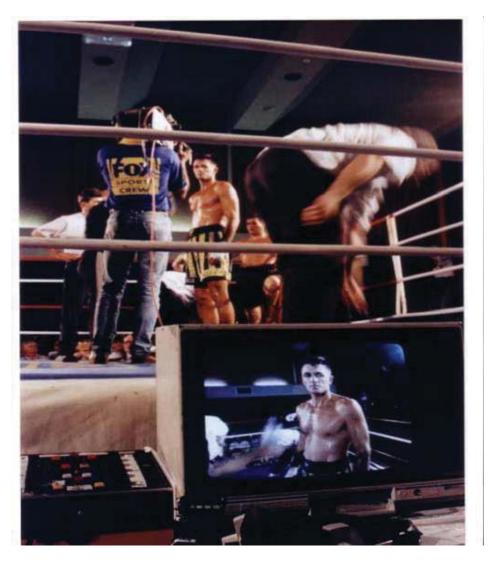
Masayuki Matsumaru



Ms Hiromi Matsumaru from the OxyShot x PSI Team finished 2nd ! She also was placed fifth in the women section in the IRONMAN event Japan, which was held in August (Hokkaido).



Adam Watt, four time World Champion Kickboxer & Australian & Commonwealth Boxing Champion



Adam has this to say about Sports Oxy-Shot: "Having researched the benefits of oxygen, I tried Sports Oxy-Shot and was amazed at the difference it made to my energy, endurance and alertness at training. It's all natural: it's a Winner".





Sports OXYSHOT

RESEARCH BULLETIN 2005

IN THIS ISSUE

- 1. More work at the lactate threshold
- 2. Pb's tin raining
- 3. Crossover benefits for triathletes
- 4. 33 minutes slashed from Foster Ironman?
- 5. Hard work pays off (fortune favours the brave)
- 6. More calories burned at lower exercise intensity
- 7. Increased perceived recovery among the elite.



The following is an extract from research conducted in July 2005 by

DR. IAN GILLAM BSc (Hons), MSc, PhD, Dip Phys Ed, Cert Bus Management MAAESS (ACP), FAAESS, FASMF. Nutritionist and Exercise Physiologist

In collaboration with Associate Professor Steve Selig, Department of Human Movement, Performance and Recreation, Victoria University, Footscray Park Campus, Melbourne, Australia.

The samples include a male and female triathlete. These examples demonstrate the physical performance enhancement that can be achieved by using the liquid oxygen supplement "Sports OxyShot" (which contains 150,000 parts per million of dissolved stabilised oxygen).

The dosage was 15 ml, taken orally each morning for 7 days prior to testing, followed by 7 days on 15 ml of dummy (placebo) product, before re-testing.

The study was a double blind crossover placebo trial, which meant that neither the athletes nor the research team knew which of the two trials included the Sports Oxyshot product.

SENSATIONAL TIMES, EVEN IN TRAINING

Research Data for subject Mr. CH (a 23 year old elite triathlete) shows that the athlete can turnover more oxygen and provide a higher workrate of approximately 6.1% at the an-aerobic threshold (4 mmol of whole blood lactate) during the bicycle ergometer work trial following the use of the Sports OxyShot (4mnol of blood lactate is the point beyond which fatigue begins to shutdown physical exertion).

In addition, the benefit was seen to transfer across the disciplines (during the 7 day period on Sports Oxyshot), and result in a lifetime personal best time for the 100 metres freestyle of a similar quantum (5-6% faster time).

The times in the pool returned to the slower times during the 7 says on the placebo product (this subject was given the placebo on the second 7 day trial).

Although training during the Sports OxyShot treatment was reported to be completed with less effort and fatigue an increase in exercise heart rate and perceived exertion was reported during the bicycle work trial (to exhaustion) of a margin consistent with the increased work rate.



SPECIAL BENEFITS FOR WOMEN

Data for subject DG (40 year old Female Master Triathlete)

Demonstrates an interesting relationship between the oxygen uptake at the an-aerobic threshold (3.75 increased on Sports OxyShot) and the increased oxygen uptake at the aerobic threshold of 7% (about 100% more benefit at the steady state exercise level).

This higher oxygen uptake (courtesy of Sports Oxyshot) at lower levels of exercise may prove very beneficial to recreational athletes (gym and 'spin class" women) who would relish the corresponding increase in oxygen/calorie expenditure, without having to push super hard to achieve this.

For the serious athlete on race day however the 3.7% increase of oxygen uptake at the anaerobic threshold would return an improved race time of about 3 minutes per hour!

Over the course of the Foster Ironman this would reduce her previous time of 13 hours by about 33 minutes. Of course, several 'housekeeping' issues would have to be addressed:

- The Sports Oxyshot supplement would need to be maintained, possibly 10ml per 60 minutes (not with food)
- 2. As the calorie expenditure is being increased by around 3.7%, this would require more food and water to be consumed, at period not coinciding with the use of the Sports OxyShot.
- 3. Given the higher perceived exertion and heart rates, only the truly committed athlete will want to continue at such an elevated intensity level. In other words, courage and determination will be rewarded; fortune will in fact favour the brave!



Interpretation notes for figure 1 – 6.

NOTE;

Subje	ct		
(a)	СН	23 Yea	old Male Elite Triathlete
(b)	DG	40 year	old female masters ironman triathlete
Figure	es 1 + 2	2	Provide a summary of eleven different parameters and the researchers' observations along with the objective comments of analysis, and general recommendations.
Figure	e 3		Compares oxygen uptake against blood lactate with clearly a significant increase in the level of oxygen metabolized by 6.1% in the case of the male athlete and 3.7% for the female athlete; during the Sports OxyShot trial versus the placebo trial. It is on the figure (3B) that the 7% increase in oxygen uptake at the aerobic threshold is observed in the female athlete.
Figure	e 4		Compares power output against blood lactate and shows an increase in power output at the an-aerobic threshold of 3.5% for the male and 2.2% for the female athlete (due to the Sports OxyShot).
Figure	e 5.		Relates to a corresponding increase in heart rate of 4% for the male and 2.2% for the female athlete consistent with the higher work rates and oxygen uptake.
Figure	e 6.		Shows the perception of increased intensity felt and reported by the athletes which confirms that 'something' is helping them 'do more work'.
Figure	e 7.		A one page summary (The results at a glance)



Figure 1A

OxyShot Project Data Summary

Subject Age 23 yrs	СН	Male	Elite Under 23 Triathlete
Weight 64.25kg			
Skinfold Total (8)	61.2mm		
Maximal Data			

Parameter	lacebo	OxyShot	Difference
VO2 peak (L/min)	4.90	4.96	+1.3%
VO2 peak	4.90	4.90	+1.576
MI/kg/min	76.2	77.2	+1.3%
Peak Power (watts)	389	394	+1.2%
Exercise time to Exhaustion (mins)	28	28	0
Max Heart Rate (bpm)	192	192	
Max Ventilation (L/min)	161	165	+2.4%
Max RER	1.08	1.07	

Comments

(a

- 1. Small but consistent increase in Oxygen Uptake and power output at 4 mM Lactate threshold (4-6%) and an increased steady state exercise heart rate at 4mM threshold (4%), following treatment with OxyShot (OS). This should translate into improved times during a triathlon (assuming the cycling test is equally applicable to swim and run performances) of around 3 mins/hour during rhe event.
- 2. During the week the subject consumed the OS a definite improvement was noticed in the swim times. Performance was improved from 1 min 11 secs to 1.107/100m freestyle (which had not previously been achieved), which returned to the slower times during the following week while on placebo. Training was also completed with less effort and fatigue.
- 3. Surprisingly, during the exercise tests the relative perceived exertion 9RPE) was higher on OS than PL at each of the power outputs.
- 4. There was minimal increase in peak VO2 and any of the other maximal performance data measured.
- 5. Recommended training heart rates:
 - Long slow distance (<2mM Threshold) <135 bpm
 - (b Quality aerobic training 145 – 155 bpm
 - Lactate threshold training (@ 4mM thresh) (C 155 - 168 bpm d)
 - Speed and anaerobic training > 170bpm
- 6. It was recommended that the skinfold total be reduced to 45 mm and a weight goal of around 62 kg was desirable.

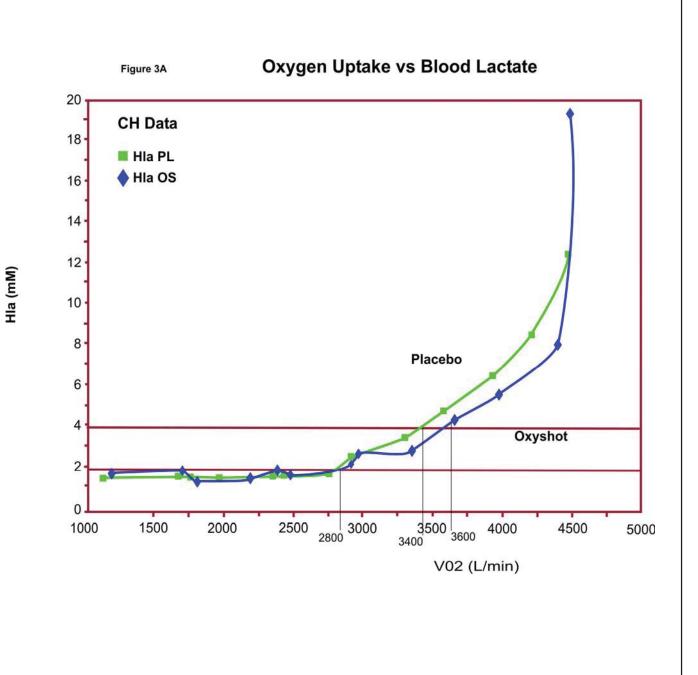
Figure 2A

OxyShot Project Data Summary

Subject

PARAMETER	PL V02* (ml/min)	PL HR (bpm)	PL Power (Watts)	PL RPE	OS V02* (ml/min)	OS HR (bpm)	OS Power (Watts)	OS RPE	PL Vs OS Percent Difference (from V02 data)
Aerobic Threshold 2mM HLa	3050	135	200	8	3050	135	200	8	0
Anaerobic Threshold 4mM HLa	3700	160	283	13	3925	166	293	16	6%
VENT Th 1 (from V02 vs VC02 data)	3650				3650				
VENT Th 2 (from VE vs VC02 data)	4270				4140				

* Th measured value has been adjusted form the graph below by a factor of (X 1.09).



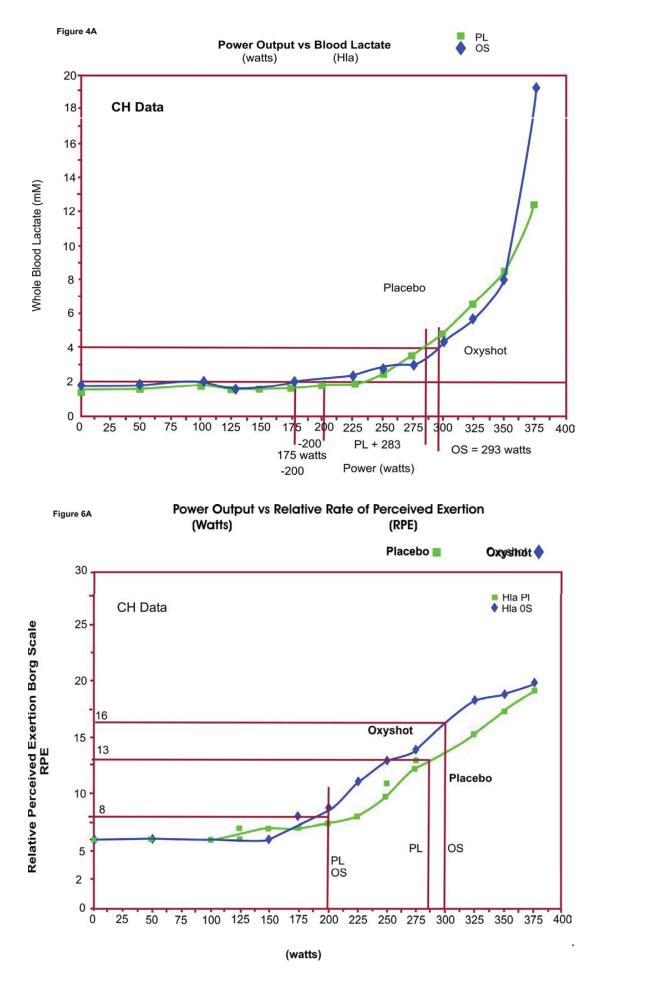


Figure 1B

OxyShot Project Data Summary

Subject Age	DG 40 yrs	Female	Master Ironman Triathlete
Weight	67.70 kg		
Skinfold Total (7)	97.4 mm		
Maximal Data			

Parameter	lacebo	OxyShot	Difference
VO2 peak			
(L/min)	3.97	3.88	-2.3%
VO2 peak			
MI/kg/min	58.5	57.3	-2.3%
Peak Power			
(watts)	311	303	-2.6%
Exercise time to			
Exhaustion	22	22	0
(mins)			
Max Heart Rate			
(bpm)	188	188	
Max Ventilation			
(L/min)	110	108	
Max RER	1.11	1.05	

Comments

- 1. Small but consistent increase in Oxygen Uptake and power output at 4mM lactate Threshold (4-5%) and an increased steady state exercise heart rate at 4mM threshold (2.2%), following treatment with OxyShot (OS). This should translate into improved times during a triathlon (assuming the cycling test is equally applicable to swim and run performances) of around 3 mins/hour during the event.
- 2. Small moderate increase in Oxygen Uptake and power output at 2mM Lactate Threshold (7-25%) and an increased steady state exercise heart rate at 4mM threshold (5%), following treatment with OxyShot (OS).
- 3. Surprisingly, during the exercise tests the relative perceived exertion (RPE) was higher on OS than PL at most Power outputs, except those at near maximal exercise (there may be gender related issues).
- 4. There was a small decrease in peak VO2 (2-3%) and the other maximal performance data measured.
- 5. Recommendation training heart rates.
 - a. Long slow distance (<2mM Threshold) 140 150 bpm (need to increase this as your LSD training HR appears to be too low for effective training)
 - b. Quality aerobic training 150-165 bpm
 - c. Lactate threshold Training (2 4mM Thresh) 165 175 bpm
 - d. Speed and anaerobic training > 175 bpm
- 6. It was recommendation that the skinfold total be reduced to 80 mm and a weight goal of around 65 kg was desirable.

Figure	
2B	

OxyShot

Subject

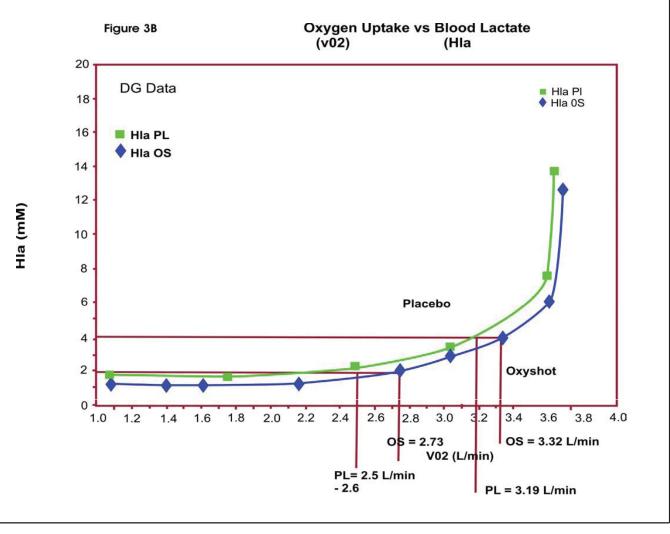
Project Data

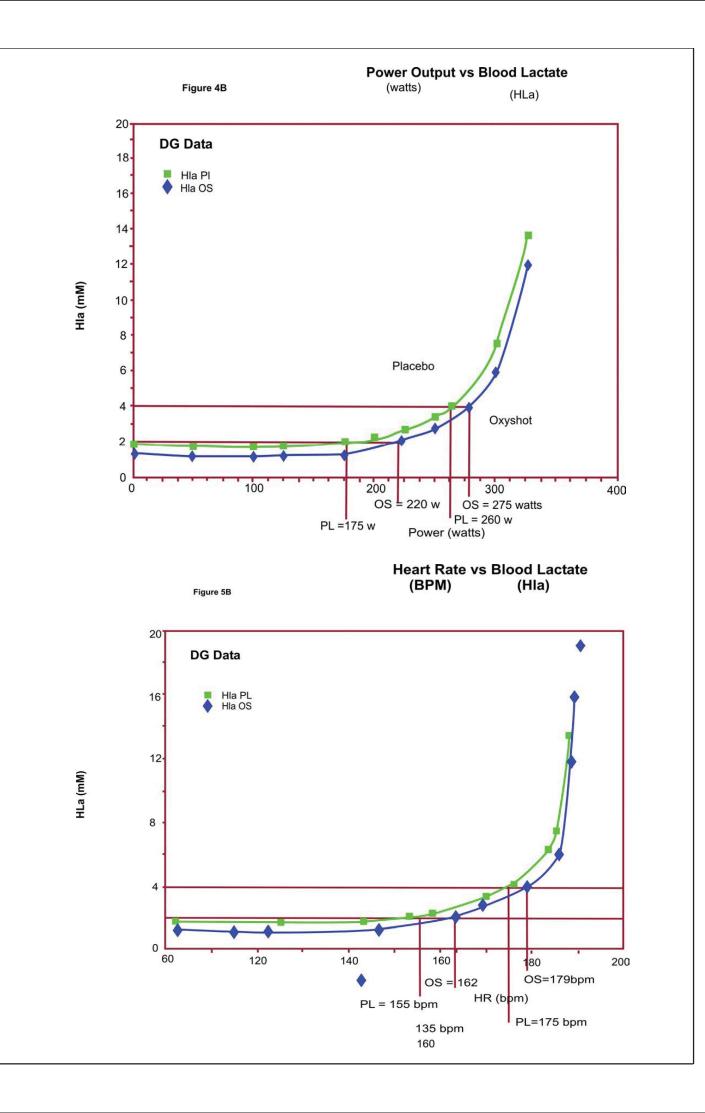
te				Summ	arv				
PARAMETE R	PL V02* (ml/ min)	PL HR (bpm)	PL Power (Watts)	PL RPE	OS V02* (ml/ min)	OS HR (bpm)	OS Power (Watts)	OS RPE	PL Vs Orgercen Differenc éfrom Vogata)
Aerobic Threshold 2mM HLa	2780	155	175	8	2975	162	220	13	+7.0%
Anaerobi Threshold 4mM HLa	3490	175	260	16	3620	179	275	16	+3.7%
VENT Th (from V02 vyC02	305 0				2800				
VENOT TH (#rom VE VyC02 data)	n a				na				

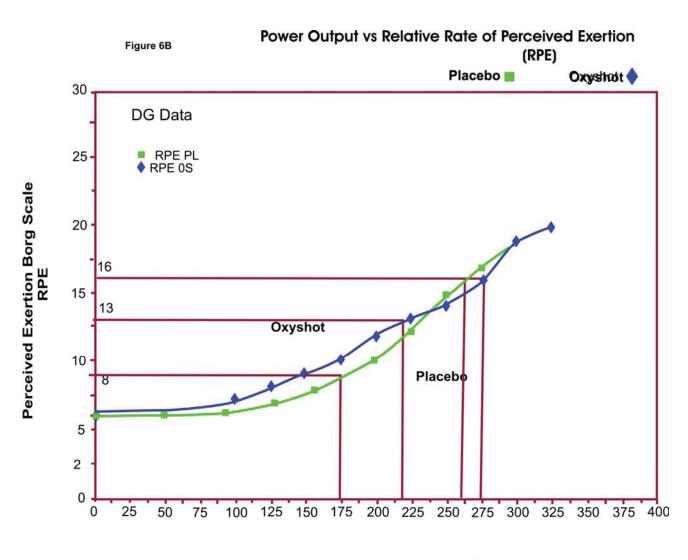
data)

• The measured value has been adjusted from the graph below by a factor of

 (X1_09) NA=not able to determine. No clear VTb2 was observed on the Vc02 and Ve graph.







Power (Watts)

THE RESULTS AT A GLANCE

Figure 7

Comparison in V02's between OS and PL trials at the 4mM HLa Threshold

SUBJECT	PL V02 (ml/min)	OS V02 (ml/min)	% Difference
СН	3700	3925	+ 6.1%
DG	3490	3620	+ 3.7%

Comparison in Power Output's between OS and PL trials at the 4 mM HLa Threshold.

SUBJECT	PL Power (Watts)	OS Power (Watts)	% Difference
СН	283	293	= 3.5%
DG	175	179	+ 2.2%

Maximal Exercise Data

There was no increase in the Peak oxygen uptake (V02 peak) or peak Power following treatment of OS.

Comparison in V02 peak's (in ml/kg/min) between OS and PL trials.

SUBJECT	PL	OS	% Difference
	V02 peak (ml/min)	V02 peak (ml/min)	
СН	76.2	77.2	+ 1.3%
DG	58.3	57.3	- 2.3%

Comparison in Power peak's (in watts) between OS and PL trials.

SUBJECT	PL Power peak (watts)	OS Power peak (watts)	% Difference
СН	389	394	+1.2%
DG	311	303	- 2.6%

What does this all mean?

Summary

The evidence is mounting that SPORTS OXYSHOT is ideal for elite and recreational athletes who wish to maximise their oxygen uptake and boost performance.

Research is continuing in Australia, the UK, USA and India.

Specific studies are underway to establish the exact processes that enable these record breaking outcomes to be achieved across such a diverse range of sports.

We will keep everyone informed as new research results become available.



Partian Performance

Corbinson Performance

For your nearest stockist call 1800 247 322 or type Sports Oxyshot into your online search engine

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